FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CROWE JEFFREY C					2. Issuer Name and Ticker or Trading Symbol LANDSTAR SYSTEM INC [LSTR]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner							
(Last)	(Fi		3. Date of Earliest Transaction (Month/Day/Year) 06/30/2004								X Officer (give title below)			Other (
13410 S	13410 SUTTON PARK DRIVE SOUTH														Chairman & CEO					
(Street) JACKSONVILLE FL 32224				4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person							
(City)	ty) (State) (Zip)													Form filed by More than One Reporting Person						
		Tab	le I -	Non-Deri	vative	Sec	urit	ies Ad	quired	, Di	sposed o	f, or Be	neficia	ally Owne	ed					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/			Execu Year) if any		Deemed cution Date, y nth/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			nd Secur Benef Owne	icially d	Forr (D) d Indi	m: Direct or rect (I)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A) or (D)	Price				nstr. 4)	(Instr. 4)			
Common	Common Stock 06/30/2)4			M ⁽¹⁾		17,948	A	\$11.7	188 14	10,564	4 D				
Common Stock 06/30/200				004)4			M ⁽¹⁾		36,720	A	\$16.2	345 1′	77,284		D				
Common Stock 06/30/20			004)4		M ⁽¹⁾		25,332	A	\$18.09	963 20	02,616	616 I							
			Та	ble II - Deri										Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exec if any	Deemed ution Date,	4. Transac	ansaction ode (Instr.		lumber ivative urities juired or posed D) tr. 3, 4	6. Date Exercis Expiration Dat (Month/Day/Ye		isable and	7. Title and Amount of Securities Underlying Derivative Security (Instrand 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amoun or Numbe of Shares							
Stock Options (Right to buy)	\$11.7188	06/30/2004			M ⁽¹⁾			17,948	02/02/20	03 ⁽²⁾	02/02/2010	Common Stock	17,948	\$0	15,064		D			
Stock Options (Right to buy)	\$16.2345	06/30/2004			M ⁽¹⁾			36,720	02/07/20	02 ⁽³⁾	02/07/2011	Common Stock	36,720	\$0	24,480		D			
Stock Options (Right to buy)	\$18.0963	06/30/2004			M ⁽¹⁾			25,332	01/02/2	003	01/02/2012	Common Stock	25,332	\$0	214,668	8	D			

Explanation of Responses:

- 1. The exercise of stock options reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on May 17, 2004.
- 2. Options became exercisable in the amount of 6,772 on February 2, 2003 and 11,176 on February 2, 2004.
- 3. Options became exercisable in the amount of 12,240 on February 7, 2002, 12,240 on February 7, 2003 and 12,240 on February 7, 2004.

James B. Gattoni, Attorney-in- 07/02/2004 <u>fact</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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